

## Hospital & Education Project Report

Shree Shakti Naga Kshetra Medical Education Trust was founded in 2012 under the inspiration and guidance of Shri T Narayana Swamy and Shri Rajashekar Sharma G R to extend love and affection and do service to humanity without consideration of Caste, Community or Creed. The guiding principle is Service to humanity is Service to God.

Shree Shakti Naga Kshetra Medical Education Trust is a public registered charitable Trust under the Indian Trusts Act.

Its activities are in broad categories:-

(A) Healthcare

(B) Education, Scholarships & Poor feeding.

### Part A: Healthcare

The Centre is located at Gulkumale Uttarahalli Hobli about 32 kms from Bangalore Railway station. Gulkumale and its surrounding areas suffer from inadequate medical attention. The poor do not have access to even basic medical care, at prices that they can afford. The Healthcare service carried out at our Centre is as follows:

Break up of OPD patients by Categories

S.No.	Summary upto June '17	OPD-Nos.
1	School check ups	11116
2	Dental check ups	296
3	Other Centre patients	27928
4	Kagallipura patients	3005
5	Medical camp- Centre	892
6	Medical camp- Kagallipura	425
7	Deworming	1246
	<b>Total</b>	<b>44908</b>

Our experience of over 7 years with our Medical centre has convinced us that there is a real need for an agency with a sympathetic approach to this problem. The need is accentuated because we are not able to do justice with an OPD facility to patients who do not have support at home for their continued treatment or for post-surgery care etc. A hospital with 24X7 facilities will enable this care.

## Part B: Education, Scholarships & Poor feeding:

Every Saturday we give tuitions to about 150 poor children who cannot afford private tuitions. Our service extended till now is as follows:

Coaching extended		
Parameter	Extent	Testimonials
Per year average numbers	200 to 300 children appearing for Matriculation/State Board syllabus	HMs' certificates for their schools
Numbers years given	Over 2000 students coached over 6 years	HMs' letters about school performance in district
Standards covered	Initially Std. X. Added Std. XII Five years back. Last three years Added VIII & IX stds.	
Scholarships provided	Average Rs. 60 Thousand per year, gross amount over Rs. 6.0 Lakhs	Typical economic and family profiles of students

The children are given nutritious lunch after the tuition (poor feeding). It is a testimony to our commitment that these poor students who cannot afford private coaching have become school toppers and a few are District rankers after coming to our Centre. We additionally inculcate moral values.

We assume healthcare for any poor girl child born in the village up to the age of 18. We undertake free checking and give free medicines/vaccines including Rubella which prevents their getting deformed children when they are attaining motherhood. Over 1200 girls are covered till now.

### Poor feeding for Leprosy

We offer food to persons with **Leprosy** every Thursday.

Exhibit I gives a detailed account of our activities.

*We shall be grateful for your support in extension of our activities particularly to set up a 50-bed Hospital for the poor. Detailed Project report is presented as Ex.II. The Outlay is Rs. 600 crores.*

### The reasons why we are confident of offering excellent service:

The following are the ways in which we are equipped:

- o We own land in name of the Trust **2.5 acres freehold with Patta etc.**
- o OPD is being operated from 2012. Over 49000 patients examined/treated by us.
- o Several Outreach camps already conducted with help from Apollo Hospitals.
- o Also over 1200 girls have been enumerated along with mothers and health supervised.
- o Over 2000 students given tuitions over last six years.
- o Poor feeding done over five years.

## DETAILS OF ACTIVITIES CARRIED ON

### Activities of SHREE SHAKTI NAGA KSHETRA MEDICAL EDUCATION TRUST

In line with our Preceptor's advice, initially the Trust provided food packets to persons afflicted with leprosy.

The Trust decided that to pursue its activities it must have its own premises. It purchased land in **April 1993 (area 2.5 acres)** in Gulkumale Uttarahalli Hobli village, Since then, The Trust has focused its attention on the residents (including school children) of that area. The Trust's activities can be broadly classified into (A) Health and (B) Education, Scholarships and Poor feeding for students.

- For the boys who attend our coaching classes, we administer de-worming and vitamin tablets to deal with stomach/intestinal infections due to poor hygiene conditions/dental habits. The level of hygiene is very low in the village homes. Children do not have the culture of brushing their teeth, or combing their hair or washing their socks or clothes or cutting their nails or changing from school uniform at home. With a view to inculcating the right attitude and practices, the nurses inspect the children every week and students are motivated by the offer of prizes if they do well on these counts. Due to this involvement, the problem of Dental cavities in the target area have been reduced substantially. Their appetite picks up and this results in weight gain and greater concentration in studies.
- Outreach is an important attribute of our services by conducting free camps. Shree Shakti Naga Kshetra Medical Education Trust conducts free camps for villagers including children in association with Apollo Hospitals/ Jeevodaya Cancer Hospice, Rajan Eye Care Hospital etc. A dental camp for children was conducted with the help of Hospitals in the surrounding areas which moved doctors, equipment and materials to the village where the extraction and filling was done instead of requiring the patient to come to the clinic.
- The population in and around Gulkumale is widely dispersed and every 5 kms or so there are a cluster of houses. Therefore Shree Shakti Naga Kshetra Medical Education Trust serves a very wide geographical base of the population. When camps are held at Shree Shakti Naga Kshetra Medical Education Trust premises, Shree Shakti Naga Kshetra Medical Education Trust sends a team to these villages a few days before the camp, to inform them about the camp and explain who and how the villagers would benefit.
- We have also focused on poor girl children from birth till the age of 18. This project concentrates on preventing critical disabilities in the girl-child including providing injections of Rubella vaccine. Shree Shakti Naga Kshetra Medical Education Trust with its experience in medical care is convinced there exists a felt need for quality health care for certain typical problem cases such as for gastrointestinal, typhoid, pre-term babies etc.

## Part A: Health Care

### ➤ Out-patient Centre and Camps:

Shree Shakti Naga Kshetra Medical Education Trust has been running an Out-patient Medical Centre at Gulkumale with a doctor and nurses. The centre provides out-patient treatment to the poor and counselling on health care to residents of Gulkumale and nearby villages. (Annexure I give the break-up of OPD patients by categories). The surrounding area is a hamlet where there is more density of population and it is about 2 kms from our Centre. We operate an outreach service twice a week where the inflow of OPD villagers is high. The quality and availability of medical facilities to the very poor is almost non-existent in the region, or very expensive and beyond the means of the residents. Hence villagers who come to us find the outcome very positive and economical.

OPD cases Shree Shakti Naga Kshetra Medical Education Trust has handled from 2012 till date may be divided into three categories:

- **Infective.** The following are typical cases we have been getting:
  - Malaria
  - Jaundice
  - Typhoid
  - Pneumonia
  - Gastroenteritis
  - Dysentery
  - Upper & lower respiratory tract
  
- **Non infective.** The following are typical cases we have been getting:
  - BP
  - Cholesterol
  - Cardiac
  - Diabetes
  - Renal
  - Genetic problems
  
- **Preventive.** The following are typical cases we have been getting:
  - Ante natal for infants
  - Pre natal for expectant mothers
  - De-worming
  - Vitamin supplements

The setting up of a hospital will make it possible for us to devote more and better attention to these cases as OPD may not be adequate to respond to all cases. Besides, by operating OPD we are handicapped in serving patients who lack the medical infrastructure at home or where the family members may not devote their whole-hearted attention. This is particularly so when the patient is old and is considered as a liability. For post-surgery cases where after undergoing surgery elsewhere, we can give more appropriate service at our Centre when we have a 24X7 hospital.

- For the boys who attend our coaching classes, we administer de-worming and vitamin tablets to deal with stomach/intestinal infections due to poor hygiene conditions/dental habits. The level of hygiene is very low in the village homes. Children do not have the culture of brushing their teeth, or combing their hair or washing their socks or clothes or cutting their nails or changing from school uniform at home. With a view to inculcating the right attitude and practices, the nurses inspect the children every week and students are motivated by the offer of prizes if they do well on these counts. Due to this involvement, the problem of Dental cavities in the target area have been reduced substantially. Their appetite picks up and this results in weight gain and greater concentration in studies.
- Outreach is an important attribute of our services by conducting free camps. Shree Shakti Naga Kshetra Medical Education Trust conducts free camps for villagers including children in association with Apollo Hospitals/ Jeevodaya Cancer Hospice, Rajan Eye Care Hospital etc. A dental camp for children was conducted with the help of Hospitals in the surrounding areas which moved doctors, equipment and materials to the village where the extraction and filling was done instead of requiring the patient to come to the clinic.
- The population in and around Gulkumale is widely dispersed and every 5 kms or so there are a cluster of houses. Therefore Shree Shakti Naga Kshetra Medical Education Trust serves a very wide geographical base of the population. When camps are held at Shree Shakti Naga Kshetra Medical Education Trust premises, Shree Shakti Naga Kshetra Medical Education Trust sends a team to these villages a few days before the camp, to inform them about the camp and explain who and how the villagers would benefit.
- We have also focused on poor girl children from birth till the age of 18. This project concentrates on preventing critical disabilities in the girl-child including providing injections of Rubella vaccine. Shree Shakti Naga Kshetra Medical Education Trust with its experience in medical care is convinced there exists a felt need for quality health care for certain typical problem cases such as for gastrointestinal, typhoid, pre-term babies etc.

## Part B: Education to poor children, Scholarships and Poor feeding

### ➤ Tuitions:

- Shree Shakti Naga Kshetra Medical Education Trust helps poor children in their studies, along with Food. Our Education activity covers coaching on Saturdays/Sundays to poor students from 5 schools in neighbouring villages who are to appear in their public exams.
- Most of the students who have been regular in attending classes eventually come out successful in the public examination giving a consistent pass percentage of over 80% year after year for our Centre. Some of these children also score centum as well as top their schools and districts. Please see Exhibits V-B (i) to B (iv), and V-C (i) to C (iii) being Testimonials from school HMs about the usefulness of our Tuitions and their school performance due to our Tuitions.
- Many students who have benefitted from our coaching have gone on to join degree and technical courses in various fields. More than anything, our coaching has enabled a large number of youngsters aim at targets in life that they could never dream of achieving.
- Annexure II gives the extent we have given coaching and the number of children who benefitted.

### ➤ Scholarships:

- From the year 2012 we have been identifying approximately 15 students every year who come to our Centre on merit-cum-means basis.
- Once the students pass out from 12<sup>th</sup> standard, if they wish to pursue degree or diploma courses in engineering, catering, technology etc., we provide them limited financial support for this purpose.
- We have disbursed more than **Rs. 5 lakhs** in the past 6 years and over 150 students have benefitted so far.
- This is an enormous support for them as their parents for the most part are daily wage workers. The men work as Casual labour in the farms or as manual workers in the rice and onion godowns and the women as maid servants. The family income is ranging from Rs.3, 000 to Rs.10, 000 per month.

### ➤ Inspirational tours:

- Shree Shakti Naga Kshetra Medical Education Trust organizes tours to Various Places in the hope that such visits would light a spark in the young minds.
- Since then we have organized at least one tour every year. The itinerary usually includes visit to laboratories and facilities of a few departments.
- The rural kids get a chance of their life time to observe at first hand interesting demonstrations on science & technology and to experience the inspiring ambience.

### ➤ Poor Feeding:

- On days when Tuitions are given Shree Shakti Naga Kshetra Medical Education Trust provides nutritious food for the students, which is presently prepared in-house. We are of the opinion that this is an important ingredient of the ambience of total learning that we provide to students who are preparing for their X and XII standard examinations.

Annexure I		
Break up of OPD patients by Categories		
Sl.No	Summary up to December'17	OPD-Nos
1	School check ups	11116
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4	Gulkumale patients	3005
5	Medical camp-Centre	892
6	Medical camp-Puttanahalli	425
7	Deworming	1246
	<b>Total</b>	<b>44908</b>

**Annexure II**  
**Coaching extended**

Parameter	Extent	Testimonials
Per year average numbers	200 to 300 children appearing for Matriculation/State Board syllabus	HM's certificates for their schools
Numbers years given	Over 2000 students coached over 6 years	HM's letter about school performance in district
Standards covered	Initially Std. X. Added Std. XII five years back. Last two years added VIII & IX stds.	
Scholarships provided	Average Rs. 60 Thousand per year, gross amount over Rs. 6.0 lakhs	Typical economic and family profiles of students

## Ex. II

### PROPOSED HOSPITAL & EDUCATION PROJECT

#### OUTLINE OF PROPOSED PROJECT

The proposed project has two parts – medical and educational. Shree Shakti Naga Kshetra Medical Education Trust has rich experience in both these areas of Medical care and Education/Poor feeding/Scholarships as explained in Exhibit II. The purpose of seeking approval is to mobilize resources from individuals and corporations to undertake the increased level of existing activities.

These are separately discussed below.

#### Part A: Medical care

Gulkumale and its surrounding areas suffer from inadequate medical attention. Annexure I indicate the population numbers being served by SHREE SHAKTI NAGA KSHETRA MEDICAL EDUCATION TRUST. Particularly, the poor do not have access to even basic medical care, at prices that they can afford.

Annexure ii gives the services presently available with existing hospitals in and around Gulkumale. Our experience of over 7 years with our Medical centre has convinced us that there is a real need for an agency with a sympathetic approach to this problem. The need is accentuated because we are not able to do justice with an OPD facility to patients who do not have support at home for their continued treatment or for post-surgery care etc. A hospital with 24X7 facilities will enable this care.

The Proposal is to set up SHREE SHAKTI NAGA KSHETRA MEDICAL EDUCATION TRUST Hospital Project which includes the on-going OPD & Outreach Camps.

#### Part A in detail:

The proposal is to set up a 50-bed hospital at Gulkumale equipped to deal with the kind of illnesses and health matters that are endemic in the area and to provide appropriate level of care. At least 40 beds will be for the poor and not more than 10 beds will be operated on Commercial basis.

With this in view it is proposed to start with providing the following medical care as soon as the facilities are ready for Phase I say by 1<sup>st</sup> September 2020.

The Hospital will offer initially, say from 1<sup>st</sup> Sept. '15 up to 31<sup>st</sup> Aug. 2025:

- Paediatrics based on International standards for rural set up
- Obstetrics with qualified Obstetricians
- Labour room plus theatre including new born nursery
- General medicines – adult.
- Facilities for Testing/Screening:  
Lab., X-ray, ECG, Ultrasound.

Laboratories are of three types:

- Bio chemistry
- Clinical Pathology
- Pure pathology

We plan to have only Bio chemistry and Clinical Pathology



As further facilities are installed, we propose to expand the scope of medical activity in Phase II to cover the following areas for diagnosis and treatment (starting from September 2029)

From 1<sup>st</sup> Sept. 2029, this will be extended to:

- NICU: New born Intensive Care Unit
- ENT
- Dermatology
- Urology
- Gastroenterology

It is proposed that at least 40 beds will be for the very poor and the services will be free. There will be no Consultation fees. Medicines and test will be charged. There will also be a Room rent of per day Rs. 100 per bed intended to cover laundry, room upkeep, water, power, administrative and establishment costs. Needless to say Rs. 100 is a token charge.

For the balance not more than 10 beds, Consultation fees will be charged as also Medicines and tests. Any Consultation brought in from the city to examine/treat will also be charged. The Room rent per day for each bed will be Rs. 500.

The existing OPD unit and Outreach camps will be integrated with the hospital and will continue to function as at present.

Adequate documentation such as Aadhar card, Ration card, Head – panchayath certificate, local inquiries, Voter id and for children, HM's certificate will be prescribed and maintained to ensure that the benefits inure to the target audience.

**Location:** The project will be located at our existing Centre in Gulkumale Uttarahalli Hobli, Bangalore, Karnataka .

## Part B: Tuitions, Poor feeding and Scholarships:

These are presently on-going activities.

## Part B in detail:

Tuitions and Scholarships.

The existing activity of providing support for education of students from poor families – by way of tuitions, inspirational tours, and scholarships, as explained in Exhibit II – will continue. The Proposal aims at doubling the number of students from the present 250 numbers to 500, and scholarships from **Rs. 0.60 lakhs per year to Rs.1 .50 lakhs.**

## Annexure I

### Population of Gulkumale & Neighbouring Areas

S.no	Panchayath	Population Numbers
1	Gulkumale	2293
2	Kaggalipura	6907
3	Bhoothanahalli	1944
4	Tharalu	2810
5	Alakabelalu	970
6	Mariapura	2456
7	Saaluhunase Village	1458
	<b>Total</b>	<b>16545</b>

## Annexure II

### List of hospitals in & around Gulkumale

S.no	Name	Location	Distance(in kms)
1	Banashankari Hospital	Gottigere	9.6
2	Vijayashree Hospital	Gottigere	13.5
3	Sri sai Ayurveda hospital	Kanakapura	6.9

## Benefit to patients:

The hallmark of Shree Shakti Naga Kshetra Medical Education Trust would be medical attention with human care. Our approach includes guidance in hygiene, nutrition and sanitation. Many cases of patients who are considered liabilities in their households are treated by us and not only their physical conditions improve but they gain peace of mind from the love and affection they get.